

Clinic Protocol during COVID-19 Pandemic

During the current COVID-19 (Coronavirus) outbreak, the clinic has established new protocols in accordance with state and federal regulations as well as with guidance from the Centers for Disease Control (CDC). This practice has taken steps to reduce the risk of spreading the coronavirus within the office and has posted our efforts on our website and in the office. We kindly ask for your cooperation in adhering to the following guidelines to help us not only protect your safety, but also the safety of all our patients and staff. We did not make this decision lightly and thank you for your understanding.

Decision for In-Person Appointment

We have agreed to meet in person for some or all future sessions. To minimize risk during this unprecedented time, we must all work together. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we reschedule. To obtain services in person, you agree to take certain precautions which will help keep everyone (you, me, our families, my staff, and other patients) safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in our rescheduling or cancelling the appointment.

Screening and Consent

- Prior to treatment, you will be asked about any recent symptoms, exposures, and travel by you, family members, or close contacts.
- If you or a household member has had any of the following symptoms in the last 14 days, you will be asked to re-schedule your treatment for a later time (14-21 days). This is to protect our providers and our other patients.
- During your visit, you will receive information on how our clinic is taking precautions to protect our patients and help slow the spread of the coronavirus. This information can also be accessed on the website.
- You will be required to sign an informed consent to proceed with treatment.

Patient Responsibilities

- Please check your temperature at home prior to leaving for your appointment. Please only attend treatment if you do not have a fever (temperature less than 100° Fahrenheit).
- Please always wear a facemask during the appointment.
- Please take steps between appointments to minimize your exposure to COVID.
- Please gel your hands upon entering the clinic.

Office Safety Precautions in Effect During the Pandemic

- Appointments have been scheduled at specific intervals to avoid overlap between patients. Please arrive on time for appointments.
- To ensure adequate 6-foot distancing, we cannot maintain our waiting area. Please wait in your car or outside until no earlier than 5 minutes before your appointment time.
- Everyone will be asked to wear masks.
- My staff will maintain safe distancing.
- Restroom soap dispensers are maintained, and everyone is encouraged to wash their hands.
- Rooms will be equipped with ozone free, no ion air filters.
- Hand sanitizer that contains at least 60% alcohol is available in the therapy rooms, the waiting room, and at the reception counter.
- Credit card pads, pens, and other areas that are commonly touched are thoroughly sanitized after each use.
- Common areas are thoroughly disinfected between every patient and at the end of each day.