

Acupuncture & Herbal Medicine Clinic

Michelle D. Wu

One Lake Bellevue Drive Suite 105 Bellevue, Washington 98005 Phone: (425) 643-3758 Fax: (425)-453-4133

Patient Name _____ Male / Female Height _____ Weight _____

Date of Birth ____/____/____ Age () Married___ Divorced___ Single___ Separated___ Widowed___

Phone(C) _____ Phone(H) _____ E-mail _____

Address _____

City _____ State _____ Zip _____

Employer _____ Occupation _____ Phone (W) _____

Spouse's Name _____ Date of Birth ____/____/____

Employer _____ Phone (C) _____

Family Physician _____ Phone _____

Referred by _____

Please indicate who to notify in case of emergency

Name _____ Relationship _____ Phone _____

Name _____ Relationship _____ Phone _____

Insurance Information

Insurance Name _____ **2nd Insurance Name** _____

Subscriber's Name _____ **Subscriber's Name** _____

Date of Birth ____/____/____ **Date of Birth** ____/____/____

Relationship to Patient _____ **Relationship to Patient** _____

Do you have Medicare? [] Yes [] No

Was this a work related injury? [] Yes [] No

Was this injury related to a car accident? [] Yes [] No

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Patient's Name (Please print): _____ Date: _____

Chief Complaint(s) *Please indicate how long you've had the condition(s).*

Other Complaint(s) *Please indicate how long you've had the condition(s).*

What kinds of treatments have you received?

Are you allergic to any of the following? If yes, please specify)

- Medicine
- Food
- Herbs
- Others

Do you have or are you any of the following?

- | | |
|--|--|
| <input type="checkbox"/> Pregnant | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Severe Bleeding Disorders |
| <input type="checkbox"/> Pacemaker | <input type="checkbox"/> HIV/STD Positive |
| <input type="checkbox"/> Electric Implants | <input type="checkbox"/> Hepatitis A/B/C |
| <input type="checkbox"/> Metal Implants | |

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Confidential Patient Health History

Name: _____ Date: ____/____/____

List any Hospitalizations & Surgeries

Date

Place

List any Hospitalizations & Surgeries	Date	Place

List medications being taken (include dose)

Please check if you have had (in the past three months):

General

- | | | |
|---|--|---|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Cravings | <input type="checkbox"/> Frequent cold/flu |
| <input type="checkbox"/> Wake Unrefreshed | <input type="checkbox"/> Always Hungry | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Frequent Dreaming | <input type="checkbox"/> Abrupt Weight Gain/Loss | <input type="checkbox"/> Drug Addiction |
| <input type="checkbox"/> Poor Sleep Habits | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Poor Balance |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Localized Weakness |
| <input type="checkbox"/> Difficult keep eyes open (Daytime) | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Bleed or Bruise Easily |
| <input type="checkbox"/> Wake at night and Difficult to fall asleep | <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Alternating Chills & Fever |
| <input type="checkbox"/> Fatigue after Eating | <input type="checkbox"/> Peculiar Tastes or Smells | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Snoring | <input type="checkbox"/> Difficulty Smelling | <input type="checkbox"/> Chills |
| <input type="checkbox"/> Chest Congestion | <input type="checkbox"/> Sneezing | <input type="checkbox"/> Sweats |
| | <input type="checkbox"/> Swollen Hands/Feet | <input type="checkbox"/> Prolapsed Organ (which_____) |
| | <input type="checkbox"/> Swollen Joints | <input type="checkbox"/> Muscle Cramping/Spasms |

Skin and Hair

- | | | |
|--|------------------------------------|--|
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Open sore | <input type="checkbox"/> Recent moles |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Acne | <input type="checkbox"/> Loss of Hair |
| <input type="checkbox"/> Dandruff | <input type="checkbox"/> Corns | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Change in hair/skin texture | <input type="checkbox"/> Warts | <input type="checkbox"/> Nail Problems |
| <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Dry skin |
| <input type="checkbox"/> Eczema | | |

Head, Eyes, Ears, Nose and Throat

- | | | |
|---|--|---|
| <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Concussions | <input type="checkbox"/> Eye Strain |
| <input type="checkbox"/> Poor Hearing | <input type="checkbox"/> Migraines | <input type="checkbox"/> Poor Vision |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Headaches (location_____) | <input type="checkbox"/> Blurry Vision |
| <input type="checkbox"/> Earaches | <input type="checkbox"/> Dry Throat | <input type="checkbox"/> Night Blindness |
| <input type="checkbox"/> Grinding Teeth | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Color Blindness |
| <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Canker Sores (mouth) | <input type="checkbox"/> Eye Pain |
| <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Recurrent Sore Throats | <input type="checkbox"/> Spots in front of eyes |
| <input type="checkbox"/> Nasal Congestion | <input type="checkbox"/> Sores on Tip of the Tongue | <input type="checkbox"/> Cataracts |
| <input type="checkbox"/> Nasal Discharge (color_____) | <input type="checkbox"/> Bleeding, Swollen or Painful gums | <input type="checkbox"/> Facial Pain |

Cardiovascular

- | | | |
|--|--|--|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Myocarditis | <input type="checkbox"/> Coronary Heart Disease |
| <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Pneumatic Heart Disease | <input type="checkbox"/> Hardening of Arteries |
| <input type="checkbox"/> Palpitations | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> Irregular Heartbeat | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Hot/Cold body Temperature |
| <input type="checkbox"/> Mitral Stenosis | <input type="checkbox"/> Swelling of Hands/Feet | <input type="checkbox"/> Sweaty hands/feet |
| <input type="checkbox"/> Mitral Prolapse | <input type="checkbox"/> Fainting | <input type="checkbox"/> Cold hands/feet |
| <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Perspire Easily | <input type="checkbox"/> Heat in hands/feet |
| <input type="checkbox"/> Chest Pain Travel to Shoulder | <input type="checkbox"/> Difficulty in Breathing | |

Respiratory

- | | | |
|--|---|---|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Coughing Blood | <input type="checkbox"/> Pain w/ deep breath |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Production of Phlegm |
| <input type="checkbox"/> Difficulty breathing lying down | <input type="checkbox"/> Asthma | <input type="checkbox"/> Pleurisy |
| <input type="checkbox"/> Emphysema | | |

Gastrointestinal

- | | | |
|---|--|---|
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Loose Stools | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Bad Breath | <input type="checkbox"/> Blood in Stools | <input type="checkbox"/> Alternating Diarrhea or Constipation |
| <input type="checkbox"/> Abdominal Pain or Cramps | <input type="checkbox"/> Black Stools | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Indigestion | <input type="checkbox"/> Incomplete Stools | <input type="checkbox"/> Acid Reflux |
| <input type="checkbox"/> Ulcer | <input type="checkbox"/> Mucous in Stools | <input type="checkbox"/> Abdominal Bloating |
| <input type="checkbox"/> Gas | <input type="checkbox"/> Undigested Food in Stools | <input type="checkbox"/> Colitis |
| <input type="checkbox"/> Belching | <input type="checkbox"/> Burning Before/After Eating | <input type="checkbox"/> Large Appetite |
| <input type="checkbox"/> Chronic Laxative Use | | |

Genitourinary

- | | | |
|---|--|---|
| <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Frequent Urination |
| <input type="checkbox"/> Kidney Infections / Stones | <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Bladder Infections |
| <input type="checkbox"/> Genital Herpes | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> Prostate Problems |
| <input type="checkbox"/> Cystitis | <input type="checkbox"/> Incontinence | |

Pregnancy and Gynecology

- | | | |
|---|--|--|
| <input type="checkbox"/> Number of Pregnancies | <input type="checkbox"/> Age at 1 st Menstruation | <input type="checkbox"/> Unusual Character (heavy/light) |
| <input type="checkbox"/> Number of Abortions | _____ Time between Menstruation | <input type="checkbox"/> Vaginal Sores |
| <input type="checkbox"/> Number of Births | _____ Duration of Menstruation | <input type="checkbox"/> Vaginal Discharge |
| <input type="checkbox"/> Number of Miscarriages | _____ First Date of Last Menstruation | <input type="checkbox"/> Breast Lumps |
| <input type="checkbox"/> Use of Birth Control | <input type="checkbox"/> Irregular Periods | <input type="checkbox"/> Painful Periods/Cramps |
| <input type="checkbox"/> Clots | <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Uterine Fibroids |
| <input type="checkbox"/> Hot Flash/Night Sweats | <input type="checkbox"/> Frequent changes in emotion | |
| <input type="checkbox"/> Osteoporosis | | |

Musculoskeletal

- | | | |
|--|--|--|
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Muscle Pains | <input type="checkbox"/> Knee Pain |
| <input type="checkbox"/> Back Pain | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Foot/Ankle Pain |
| <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Hip Pain |

Neuropsychological

- | | | |
|--|---|--|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Areas of Numbness | <input type="checkbox"/> Lack of Coordination | <input type="checkbox"/> Poor Memory |
| <input type="checkbox"/> Concussion | <input type="checkbox"/> Depression | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Bad Temper | <input type="checkbox"/> Easily susceptible to stress | <input type="checkbox"/> ADD |
| <input type="checkbox"/> Difficulty Concentrating | <input type="checkbox"/> Overthinking | <input type="checkbox"/> Restlessness |
| <input type="checkbox"/> Mental Confusion | <input type="checkbox"/> Overly Worried | <input type="checkbox"/> Sadness |
| <input type="checkbox"/> Bodily Sensation of Heaviness | <input type="checkbox"/> Mental Heaviness | <input type="checkbox"/> Mental Sluggishness |

Infection

- | | | |
|--|---------------------------------------|---|
| <input type="checkbox"/> Measles | <input type="checkbox"/> Mumps | <input type="checkbox"/> Whooping Cough |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Typhoid Fever |
| <input type="checkbox"/> Malaria | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Scarlet Fever |
| <input type="checkbox"/> Small Pox | | |

Social History

	No	Yes	When Started	When Stopped	Amount
Coffee	_____	_____	_____	_____	_____
Tea	_____	_____	_____	_____	_____
Alcohol	_____	_____	_____	_____	_____
Tobacco	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____

Family History (please include the relation)

- | | | | |
|--|-------|--|-------|
| <input type="checkbox"/> Migraines | _____ | <input type="checkbox"/> Stroke | _____ |
| <input type="checkbox"/> Heart Disease | _____ | <input type="checkbox"/> High Blood Pressure | _____ |
| <input type="checkbox"/> Allergies | _____ | <input type="checkbox"/> Mental Illness | _____ |
| <input type="checkbox"/> Asthma | _____ | <input type="checkbox"/> Gall Stones | _____ |
| <input type="checkbox"/> Arthritis | _____ | <input type="checkbox"/> Cancer | _____ |
| <input type="checkbox"/> Diabetes | _____ | <input type="checkbox"/> Thyroid Disease | _____ |
| <input type="checkbox"/> Glaucoma | _____ | <input type="checkbox"/> Epilepsy | _____ |

Please tell us of any other problems you would like to discuss: